

iACTcenter

The Next Steps Plan

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|---|---|--|
| ☐ Referral | ☐ ADHD Education | ☐ Processing Styles inventory |
| ☐ Month to month | ☐ ADHD Wheel | ☐ Medication Log |
| ☐ Ongoing coaching | ☐ Life Wheel | ☐ Values Exercise |
| ☐ ADHD Life Skills Questionnaire | | ☐ Others |

Priorities:

Organizational: _____

Planning: _____

Learning/ studying strategies: _____

Time management: _____

Social/relationship skills: _____

Transition: _____

Motivational strategies: _____

Memory: _____

Restlessness: _____

Balance: _____

Overwhelm: _____

Other: _____

Client Take Aways:

Follow-up Plan:

