

iACTcenter

Coaching Agreement

Client Coaching Agreement:

Please fill in the following information and return to me at or before our first appointment. All personal information will be held in the strictest confidence.

Name: _____

Address: _____

Residential Phone: _____ Cell phone: _____

Email Address: _____

I agree to the following:

1. I agree to make an initial 3 month commitment to be coached which includes 10 one hour weekly sessions over a three month period.

I have chosen: ☐ One payment of _____ or ☐ Three payments of _____

2. I authorize Laurie Dupar at Coaching for ADHD, to charge the provided credit or debit card account for monthly coaching services. This payment agreement will be in effect until services have been completed or are ended by the request of the client either verbally or in writing.

3. I understand that the first payment for my coaching is due prior to my first coaching session. If I have chosen the multiple payment plan, the two remaining payments will automatically be charged to the same credit or debit card, 30 and then 60 days after my first coaching session. I understand that my coaching will not occur until my payment is made and failure to make a payment may forfeit my regularly scheduled appointment day and time.

4. I will be on time for my session to the best of my ability and will call and give 24 hours notice if I need to cancel my session and/or reschedule. I understand that if I am more than 10 minutes late or miss a session without prior notice, I will be charged for this session, and it will not be "made up"

5. I understand that the purpose of being coached is to assist me in goals related to my professional, academic, and/or personal development. Coaching is not therapy and focuses on learning, skill development, planning, and enhancement of personal growth.

6. I agree to keep an open mind, be willing to try new behaviors, and experiment with new ideas.

7. I give my coach permission, to be honest, direct, supportive, and challenging me during our coaching.

Signed: _____ Date: _____

Permission to be listed as a Client for Certification Purposes

I give permission for Laurie Dupar to list me as a client including the number of hours of coaching received. I understand that this information will be held in the strictest confidence and used solely for the purpose of her Coach credentialing by the International Coach Federation (www.coachfederation.org) and will not be shared with any other individuals or agencies.

Signed: _____ Date: _____