

13 KEY QUESTIONS TO ASK YOUR PRESCRIBER WHEN TAKING ADHD MEDICATION

1. What type of medication is this? Stimulant or non-stimulant?
2. How does this medication work in my brain? How does it help my ADHD?
3. What negative side effects are expected with this medication?
4. What health monitoring needs to be done while I am on this medication?
5. Are there any side effects that warrant me to call you or stop taking this medication?
6. How will I know if this medication is working? What will I notice that is different?
7. When do I take this medication? In the morning or at night?
8. Do I need to take this medication every day?
9. If I want to stop taking this medication, how do I need to do that?
10. Do I take this medication with or without food? Does it matter?
11. How long will this medication take to start working?
12. How long do the effects of this medication last after I take it?
What is the plan regarding following up and adjusting the dose of this medication? When is our next appointment?
13. What is the plan with regards to following up and adjusting the dose of the medication if needed? When is our next appointment