

The V.A.R.K. Learning Questionnaire (Version 8.01)

DIRECTIONS:

Choose the answer which best explains your preference and circle the letter(s) next to it.

Please circle more than one if a single answer does not match your perception. Leave blank any question that does not apply.

[ONLINE QUESTIONNAIRE HERE](#)

1. I NEED TO FIND THE WAY TO A SHOP A FRIEND RECOMMENDED. I WOULD:

- A. FIND OUT WHERE THE SHOP IS IN RELATION TO SOMEWHERE I KNOW.
- B. ASK MY FRIEND TO TELL ME THE DIRECTIONS.
- C. WRITE DOWN THE STREET DIRECTIONS I NEED TO REMEMBER.
- D. USE A MAP.



2. A WEBSITE HAS A VIDEO SHOWING HOW TO MAKE A PARTICULAR GRAPH OR CHART WHERE A PERSON IS SPEAKING, LISTS AND WORDS DESCRIBING WHAT TO DO, AND DIAGRAMS. I WOULD LEARN MOST FROM:

- A. SEEING THE DIAGRAMS.
- B. LISTENING.
- C. READING THE WORDS.
- D. WATCHING THE ACTIONS.

3. I WANT TO LEARN MORE ABOUT A TOUR I AM GOING ON. I WOULD:

- A. LOOK AT DETAILS ABOUT THE HIGHLIGHTS AND ACTIVITIES ON THE TOUR.
- B. USE A MAP AND SEE WHERE THE PLACES ARE.
- C. READ ABOUT THE TOUR ON THE ITINERARY.
- D. TALK WITH THE PERSON WHO PLANNED THE TOUR OR OTHERS WHO ARE GOING ON THE TOUR.



4. WHEN CHOOSING A CAREER OR AREA OF STUDY, THESE ARE IMPORTANT FOR ME:

- A. APPLYING MY KNOWLEDGE IN REAL SITUATIONS.
- B. COMMUNICATING WITH OTHERS THROUGH DISCUSSION.
- C. WORKING WITH DESIGNS, MAPS, OR CHARTS.
- D. USING WORDS WELL IN WRITTEN COMMUNICATIONS.

5. WHEN I AM LEARNING I:

- A. LIKE TO TALK THINGS THROUGH.
- B. SEE PATTERNS IN THINGS.
- C. USE EXAMPLES AND APPLICATIONS.
- D. READ BOOKS, ARTICLES, AND HANDOUTS.

6. I WANT TO SAVE MORE MONEY AND DECIDE BETWEEN A RANGE OF OPTIONS. I WOULD:

- A. CONSIDER EXAMPLES OF EACH OPTION USING MY FINANCIAL INFORMATION.
- B. READ A PRINT BROCHURE THAT DESCRIBES THE OPTIONS IN DETAIL.
- C. USE GRAPHS SHOWING DIFFERENT OPTIONS FOR DIFFERENT TIME PERIODS.
- D. TALK WITH AN EXPERT ABOUT THE OPTIONS.

7. I WANT TO LEARN HOW TO PLAY A NEW BOARD GAME OR CARD GAME. I WOULD:

- A. WATCH OTHERS PLAY THE GAME BEFORE JOINING IN.
- B. LISTEN TO SOMEBODY EXPLAINING IT AND ASK QUESTIONS.
- C. USE THE DIAGRAMS EXPLAINING THE GAME'S VARIOUS STAGES, MOVES, AND STRATEGIES.
- D. READ THE INSTRUCTIONS.

8. I HAVE A PROBLEM WITH MY HEART. I WOULD PREFER THAT THE DOCTOR:

- A. GAVE ME SOMETHING TO READ TO EXPLAIN WHAT WAS WRONG.
- B. USE A PLASTIC MODEL TO SHOW ME WHAT WAS WRONG.
- C. DESCRIBE WHAT WAS WRONG.
- D. SHOW ME A DIAGRAM OF WHAT WAS WRONG.



9. I WANT TO LEARN TO DO SOMETHING NEW ON A COMPUTER. I WOULD:

- A. READ THE WRITTEN INSTRUCTIONS THAT CAME WITH THE PROGRAM.
- B. TALK WITH PEOPLE WHO KNOW ABOUT THE PROGRAM.
- C. START USING IT AND LEARN BY TRIAL AND ERROR.
- D. FOLLOW THE DIAGRAMS IN A BOOK.

10. WHEN LEARNING FROM THE INTERNET I LIKE:

- A. VIDEOS SHOWING HOW TO DO OR MAKE THINGS.
- B. INTERESTING DESIGN AND VISUAL FEATURES.
- C. INTERESTING WRITTEN DESCRIPTIONS, LISTS AND EXPLANATIONS.
- D. AUDIO CHANNELS WHERE I CAN LISTEN TO PODCASTS OR INTERVIEWS.

11. I WANT TO LEARN ABOUT A NEW PROJECT. I WOULD ASK FOR:

- A. DIAGRAMS TO SHOW THE PROJECT STAGES WITH CHARTS OF BENEFITS AND COSTS.
- B. A WRITTEN REPORT DESCRIBING THE MAIN FEATURES OF THE PROJECT.
- C. AN OPPORTUNITY TO DISCUSS THE PROJECT.
- D. EXAMPLES WHERE THE PROJECT HAS BEEN USED SUCCESSFULLY.

12. I WANT TO LEARN HOW TO TAKE BETTER PHOTOS. I WOULD:

- A. ASK QUESTIONS AND TALK ABOUT THE CAMERA AND ITS FEATURES.
- B. USE THE WRITTEN INSTRUCTIONS ABOUT WHAT TO DO.
- C. USE DIAGRAMS SHOWING THE CAMERA AND WHAT EACH PART DOES.
- D. USE EXAMPLES OF GOOD AND POOR PHOTOS SHOWING HOW TO IMPROVE THEM.



13. I PREFER A PRESENTER OR A TEACHER WHO USES:

- A. DEMONSTRATIONS, MODELS, OR PRACTICAL SESSIONS.
- B. QUESTION AND ANSWER, TALK, GROUP DISCUSSION, OR GUEST SPEAKERS.
- C. HANDOUTS, BOOKS, OR READINGS.
- D. DIAGRAMS, CHARTS, MAPS, OR GRAPHS.

14. I HAVE FINISHED A COMPETITION OR TEST AND WOULD LIKE FEEDBACK. I WOULD LIKE TO HAVE FEEDBACK:

- A. USING EXAMPLES FROM WHAT I HAVE DONE.
- B. USING A WRITTEN DESCRIPTION OF MY RESULTS.
- C. FROM SOMEBODY WHO TALKS IT THROUGH WITH ME.
- D. USING GRAPHS SHOWING WHAT I ACHIEVED.

15. I WANT TO FIND OUT ABOUT A HOUSE OR AN APARTMENT. BEFORE VISITING IT I WOULD WANT:

- A. TO VIEW A VIDEO OF THE PROPERTY.
- B. A DISCUSSION WITH THE OWNER.
- C. A PRINTED DESCRIPTION OF THE ROOMS AND FEATURES.
- D. A PLAN SHOWING THE ROOMS AND A MAP OF THE AREA.

16. I WANT TO ASSEMBLE A WOODEN TABLE THAT CAME IN PARTS (KITS). I WOULD LEARN BEST FROM:

- A. DIAGRAMS SHOWING EACH STAGE OF THE ASSEMBLY.
- B. ADVICE FROM SOMEONE WHO HAS DONE IT BEFORE.
- C. WRITTEN INSTRUCTIONS THAT CAME WITH THE PARTS FOR THE TABLE.
- D. WATCHING A VIDEO OF A PERSON ASSEMBLING A SIMILAR TABLE.



THE VARK QUESTIONNAIRE – SCORING CHART

Use the following scoring chart to find the VARK category to which each answer corresponds. Circle the letters that correspond to your answers. e.g., If you answered b and c for question 3, circle V and R in the question 3 row:

Question	a category	b category	c category	d category
3	K	V	R	A

SCORING CHART

Question	a category	b category	c category	d category
1	K	A	R	V
2	V	A	R	K
3	K	V	R	A
4	K	A	V	R
5	A	V	K	R
6	K	R	V	A
7	K	A	V	R
8	R	K	A	V
9	R	A	K	V
10	K	V	R	A
11	V	R	A	K
12	A	R	V	K
13	K	A	R	V
14	K	R	A	V
15	K	A	R	V
16	V	A	R	K

CALCULATING YOUR SCORE

Count the number of each of the VARK letters you have circled to get your score for each category:



Total number of Vs circled = _____

Total number of As circled = _____

Total number of Rs circled = _____

Total number of Ks circled = _____