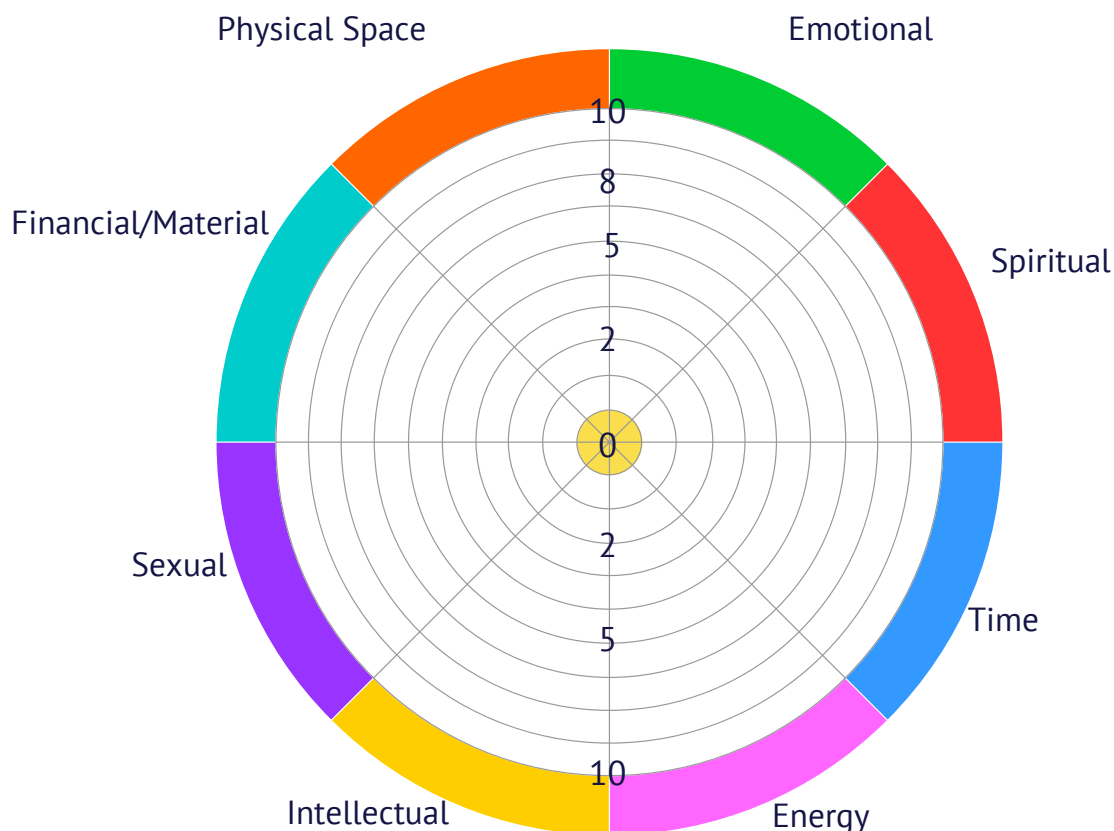


The Boundary Wheel



Directions to Complete Your Boundary Wheel

Consider each area of the wheel and rate yourself from "0" to "10" based on how satisfied you are with it. A "0" would mean you are not satisfied with your boundaries in that area well at all. A "10" would mean you think you are very satisfied with your boundaries in that area.

Next, write the number next to that area on the wheel. Draw a line across that area that corresponds with the number. It will look something like the wheel on the right when you are complete.

