Advanced-Certified ADHD Life Coach (A-CALC) Training Program

We're an inclusive community with a passion for making a positive difference in the lives of people with ADHD.

ICF Credentials and Standards

iACTcenter

THE A-CALC TRAINING PROGRAM INCLUDES:

- **The Foundations Course**
  Advanced Knowledge of ADHD for ADHD Life Coaches:
  This comprehensive 8.5-week course emphasizes in-depth ADHD education through **17 engaging 90-minute classes**. Discover the root causes, or the "whys," behind ADHD symptoms, behaviors, and emotions, enabling you to make a meaningful difference as a coach (25.5 coach-specific training hours | Value $2,800).

- **The Growth Course**
  Coaching Tools for Awareness and Change:
  The Growth Course is aimed at aspiring ADHD life coaches and provides the vital tools and strategies to boost self-awareness and facilitate personal growth for coaching clients. Over a span of 11 weeks and 22 classes, you will build a practical ADHD Life Coaching Toolkit aimed at increasing client awareness so the can reach their goals. Through interactive learning experiences, you'll gain valuable insights into the effectiveness of these tools and resources, building the confidence needed to support meaningful and lasting transformations in your ADHD clients (33 Coach-specific hours | Value: $5,282).

- **The CORE Course**
  Essential Coaching Skills for the ADHD Life Coach:
  This comprehensive 10-week course, consisting of 20 classes, merges coaching theory, ADHD science, and hands-on practice to help you achieve the designation of a Certified ADHD Life Coach (CALC) and learn to demonstrate coaching at an ICF-PCC coaching level. You will gain confidence in client interactions, put the final touches on your coaching business and begin your coach mentorship from the iACTcenter's fully ICF-credentialed faculty. training is specifically designed to empower you to make a meaningful impact on clients with ADHD and other neurodiverse brain styles (30 coach-specific training hours | Value $4,080).

- **The iACTcenter Global Library:**
  Your Virtual Learning Hub
  The Global Library serves as your central resource for all iACTcenter student materials, conveniently located in one accessible spot. You can effortlessly access recordings, tools, templates, and workbooks designed to foster your success. This priceless repository of knowledge is always within reach!

- **24/7 Access to the iACTcenter Virtual Community Lounge**
  Connect Anytime, Anywhere
  Join fellow students, graduates, and staff to foster meaningful relationships within your niche and the wider ADHD community. Share ideas and exchange resources with like-minded individuals who share your passion for making a positive impact. (Value: $667)

- **ADHD Life Coach Learning Labs:**
  Join our bi-monthly 90-minute live virtual Community Coach Learning Labs. Participate in coaching demonstrations, refine your skills, and gain valuable feedback from ICF-credentialed mentors. Earn 18 coach-specific training hours, valued at $9,800, all within a collaborative and engaging atmosphere!

OVERVIEW

- Over 175 hours of live virtual training dedicated to coaching, along with coaching supervision and 10 hours of mentoring from our 100% ICF-accredited coaches with a combined experience of over 100 years!
- One year to complete.
- A straightforward path to acquiring the necessary skills and competencies for applying for your ICF Professional Certified Coach (PCC) certification.
- Build the foundation of a sustainable coaching business as an ADHD Life Coach.
- Become a leader and an outstanding professional coach who provides enduring value to your clients.

iACTcenter

THE ONLY APPROVED ICF-ACCREDITED PROGRAM TO CERTIFY ADHD LIFE COACHES

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- **Business and Coaching Career Building Q & A Meetings**

  Learn how to create a thriving coaching practice while starting to build your dream coaching business from day one! Each month, you will have exclusive access to Laurie Dupar, the founder and director of the iACTcenter, who will address your where business-building questions. Learn how to create a successful coaching practice while making a meaningful difference (Value: $4,164).

- **ADHD Life Coaching Supervision Sessions**

  Join our twice-monthly collaborative and engaging, 90-minute live virtual Community Coach Learning Labs. Experience coaching demonstrations, practice your skills, and receive valuable feedback from our ICF-credentialed mentors (18 coach-specific training hours | Value $9,800).

- **10 Hours of Coach Mentoring, Included**

  Enhance your skills as an ADHD Life Coach with 10 hours of coach mentoring included in your tuition. Under the guidance of experienced, ICF-credentialed and certified mentor coaches, you will receive personalized support through both one-on-one and interactive group sessions (10 coach-specific training hours | Value $2570).

- **The Graduation Accountability Program (GAP):**

  Join us for engaging 90-minute monthly meetings with fellow iACTcenter students as you enter the final phase of your training. These sessions provide essential support and accountability to help you reach your graduation objective and obtain your certification. Just picture yourself holding that well-deserved graduation certificate in your hands! (6 coach-specific training hours | Value: $1,200)

- **Client Referrals**

  We understand that securing your first clients can be challenging, which is why we launched our "Coach Referral Network Program."Boost your confidence and refine your coaching skills collaborating with real clients eager to partner with iACTcenter students and graduates!

  This exclusive iACTcenter program connects you with clients who are actively looking to engage with emerging coaches like yourself. It's an excellent opportunity to gain experience and grow your practice! It's a win-win situation—you acquire invaluable coaching experience and hours while clients benefit from your emerging coaching skills. (Invaluable!)

- **Monthly One-Hour Business Masterminds and Coaching Supervision**

  Join us for exclusive monthly training sessions with iACTcenter's Founders and Directors of Training. Immerse yourself in mastering professional coaching skills and the vital components of establishing a coaching business. (24 hours of coach-specific training | Value $5,700).

- **Twice a Month, 90-minute Coaching Triads**

  Maximize your coaching skills by actively engaging with your colleagues in the roles of coach, client, and observer in twice a month coaching triads. This approach allows you to practice and hone your coaching competencies in a supportive setting while earning valuable coaching practice hours needed to apply for your credential (27 coach-specific training hours | Value $6,100).

- **Final Performance Evaluation Included**

  Your tuition covers the essential ICF Final Performance Evaluation, carried out by our ICF-trained Coach Assessors. This evaluation is designed to assess your capability to demonstrate professional coaching at the ICF PCC level. You will receive personalized written feedback on your coaching, emphasizing your strengths and identifying potential areas for growth. This feedback will help you further enhance your ICF coaching skills and prepare for your coaching career with confidence. (Value: $1,527)

PLUS EXCLUSIVE ACCESS: Included in your tuition is access to any live virtual iACTcenter Career Development and Business Building Workshops during your training! (Workshops are recorded for easy playback if you can't attend live (Value: $3,450+).

TOTAL VALUE: ~~$52,248+~~

Your Investment: $14,670 USD

Payment plans available

Ready to register?

Enroll Now

CLICK HERE

Got Questions? Email us at Heidi@iACTcenter.com

Credentials and Standards